

# **Orchard Barn**

We are a supportive community of Health & Wellbeing practitioners, offering a space for your business and support from our community







Orchard Barn - The Community

We are located in a beautiful peaceful setting in the rural village of Stallingborough, Orchard Barn is a 200+ year old, carefully restored barn. Our centre is a tranquil, quiet, calm and ambient space, our rooms are decorated to a high standard and we have everything you need to make you and your clients comfortable and relaxed.

#### Join our community:

**Northern Centre of Integrative & Functional Medicine** who offer Integrative & Functional Medicine, Nutrition & Herbal Medicine all led by award winning Dr Sally Moorcroft.

**Great Oak Therapies,** Emma is a highly trained holistic practitioner who offers a range of services from Dr Hauschka facials, Bowen Therapy to her spiritual healing practices and sound therapy in our studio.

**Lo Yoga** runs her wonderful classes for beginners, advanced and pregnancy yoga all taught by Lorna Cullen either in our studio or on a nice evening in our beautiful gardens.

**Corner House Acupuncture** Amy has a very busy acupuncture clinic running on a Wednesday.

We also run courses including **Wim Hoff breathworks with Terry** and **Hypnobirthing with Kimberley Boyd.** 







## Orchard Barn - Join our Community How we can support your business

Are you looking for a community within the Health & Wellbeing sector, a space to work with like minded people who will help, support and nourish you and your business.

- Beautiful rooms, furnished and decorated to a very high standard
- Friendly reception team to meet and greet your clients on arrival
- The opportunity to advertise your services via our website
- Includes all electric, business and water rates
- Security panic alarm fitted in each room
- Wi-fi available throughout the building
- Cleaning and rubbish/recycling disposal included
- Easy online room booking system
- Kitchen facilities
- Free on-site parking
- Ideal location for access from the M180
- Opposite The Green Man (Gastro Pub)
- Onsite Nurse led phlebotomy service



Room 2:
Our large Clinical Room with couch
Includes consulting Desk, Treatment Couch, Sink, Wi-fi



Room 3:

Talking therapy/ Meeting Room Includes: Desk, Office Chair, 2 x Armchairs, Sink, Wi-fi



Room 4:

Treatment Room
Includes Small Desk, Chair, Treatment couch with fleece cover and heated blanket, Sink, Wi-fi



Room 5: Treatment Room Includes Consulting Desk, Chair, Treatment Couch, Sink, Wi-fi

**Studio:** Flexible space



Talks/ Training Space Seating up to 20



Conference/ Meeting style seats up to 15



Mat based/ Movement/ Meditation space for up to 10

#### **Outside Space & Herb Garden**

Peaceful grounds and areas suitable for sitting with clients.



### Affordable prices with flexibility

It is important to us that your business thrives at Orchard Barn and we are here to nourish and support the businesses that run from our gorgeous locations. We can offer start up concessions so if you would like to join our supportive community we would love to hear all about your business and your plans and vision for the future.

## **GET IN TOUCH**

Orchard Barn, Station Road, Stallingborough, DN41 8AJ

To find out more please email: helen@orchardbarn.co.uk



Our Satellite Clinic Room 2 Chapel Yard, Holt, Norfolk, NR21 9PG

Our satellite clinic is a mini Orchard Barn, we have a meet and greet during working hours, small kitchen area, and a sink in the room. The Chapel Yard Room offers a flexible space for small groups or 1-1 consultations





### Don't just take our word for it!



I've been working from the beautiful setting of Orchard Barn for some time, it has a beautiful feeling the moment you drive into the gorgeous yard with the birds singing, gorgeous lavender and various herbs to look at. I find my clients love the setting and always say how they feel instantly relaxed, friendly reception staff with lots of lovely bits to look at in the shop. The room I rent and facilities are perfect beautifully decorated & really home from home I feel really lucky to be able to run my business from such a special place. Highly recommend

**Emma Bailey, Great Oak Therapies** 

The room is absolutely perfect. I had everything I needed.

The treatment bed is really comfy and the room is spotless and very calming. I did two beautiful treatments and looking forward to doing more.

Thanks again for such a warm welcome and all of your help.

**Clare Johns, Clare Jones Holistic Therapies** 



